

Trauma-Informed Care Web Resources



Models for Developing Trauma-Informed Services

- *Developing Trauma-Informed Organizations: A Tool Kit*
<http://www.familyhomelessness.org/media/90.pdf>
- *Models for Developing Trauma-Informed Behavioral Health Systems and Trauma Specific Services* http://www.uwgb.edu/bhttp/tools/developing_trauma.pdf
- *Trauma-Informed Program Self-Assessment Scale*
<http://www.annafoundation.org/TIPSASCORESHEET.pdf>

Reducing the Use of Seclusion and Restraint

- *Restraint and Seclusion: A Risk Management Guide*
<http://www.power2u.org/downloads/R-S%20Risk%20Manag%20Guide%20Oct%2006.pdf>
- *Roadmap to Seclusion and Restrain Free Mental Health Services*
<http://mentalhealth.samhsa.gov/publications/allpubs/sma06-4055/>
- *Use of Collaborative Problem-Solving to Reduce Seclusion and Restraint in Child and Adolescent Inpatient Units*
http://thinkkids.org/docs/Psychiatric_Services.pdf
- *Six Core Strategies to Reduce the Use of Seclusion and Restraint Planning Tool, National Technical Assistance Center*
http://www.hogg.utexas.edu/uploads/documents/SR_Plan_Template.pdf

Consumer Resources

- *Consumer/Survivor/Recovering Women: A Guide for Partnerships in Collaboration*, Prescott; SAMHSA, WCDVS. <http://homeless.samhsa.gov/Resource/View.aspx?id=57>
- *Gift from Within*, <http://www.giftfromwithin.org>
- *Healing Self Injury*, <http://www.healingselfinjury.org>
- *Journey of Self-Discovery: A Study Guide for Trauma Survivors*, Wisconsin's New Partnerships for Women, 2007. <http://www.annafoundation.org/SGTS.html>
- *National Child Traumatic Stress Network*
http://www.ncetsnet.org/ncets/nav.do?pid=typ_sa_prom
- *Sidran Institute* <http://www.sidran.org>
- *The Trauma Center at Justice Resource Institute* <http://www.traumacenter.org>

- *Shared Risk – Redefining Safety*, Sherry Mead
https://protected.accountsupport.com/mhpeer/documents/IPSnewsletterJuly09b_000.pdf
- *Capacitar Emergency Response Kits*
http://www.capacitar.org/emergency_kits.html
- *Biology of Trauma handout*
http://www.positivehumandevelopment.com/uploads/1/0/0/4/1004952/biology_of_trauma.pdf

Comfort Rooms and Sensory Strategies

- *Comfort Room Power Point*, Gayle Bluebird for NASMHPD
<http://www.nasmhpd.org/consumernetworking.cfm>
- *The Sensory Connection*, Sensory Kits for Coping and Calming.
http://www.sensoryconnectionprogram.com/coping_strategies.php

Trauma Screenings and Assessments

- *Trauma Screening and Assessment for Adults: References*
<http://www.annafoundation.org/TSA-ADULTS-REF.pdf>
- *Trauma Screening and Assessment for Children and Adolescents: References*
<http://www.annafoundation.org/TSA-KIDS-htm>
- *Trauma Symptom Checklist*
<http://www.johnbriere.com/tsc.htm>
- *Trauma Recovery Scale*
<http://www.compassionunlimited.com/pdf/AssessmentInstruments.pdf>

Trauma Specific Material

- *Trauma-Informed Interventions for People Who Self-Injure, A compilation from experts around the nation*
<http://www.californiacares4youth.com/downloads/Trauma%20Informed%20Self%20Injury%20Compendium%202011.pdf>

Secondary Trauma and Compassion Fatigue

- *Organizational Stress as a Barrier to Trauma-Sensitive Change and System Transformation*
<http://www.sanctuaryweb.com/Documents/Organizational Stress NASMHPD.pdf>
- *Compassion Fatigue Awareness Project*
<http://www.compassionfatigue.org/pages/reading.html>
- *The Traumatology Institute*; <http://www.cpd.fsu.edu/pet/Trauma-5.htm>

- *Professional Quality of Life Scale (PROQOL)*, Compassion Satisfaction and Fatigue
http://www.proqol.org/ProQol_Test.html
- *Trauma Stewardship Institute*
<http://traumastewardship.com/who-we-are/laura-van-der-noot-lipsky/>
- *Employees Without Hope: Characteristic types and behavioral responses*
<http://www.communityactivators.com/downloads/EmployeesWithoutHope.pdf>

Cultural Awareness

- *Rural Advocacy*, RESHAPE: The Newsletter of the Sexual Assault Coalition Resource Sharing Project. 2007. <http://www.nsvrc.org/projects/rural-resources>
- *Tips for Working with Deaf/Hard of Hearing Individuals*, Vera Institute of Justice, Accessing Safety Initiative. <http://www.vera.org/project/accessing-safety-initiative>
- *Tips for Working with People with Disabilities*, Vera Institute of Justice, Accessing Safety Initiative. <http://www.accessingsafety.org/>
- *Trails of Tears, and Hope*, Harvard Magazine. Craig Lambert, 2008.
<http://harvardmagazine.com/2008/03/trails-of-tears-and-hope>
- *Using Trauma Informed AOD Treatment Practices to Improve Outcomes for African American Survivors of Domestic Violence*, ONTRACK Communications. Gabriella Grant
http://www.adp.ca.gov/women/PDF/Trauma_Informed.pdf
- *Adaptation Guidelines for Serving Latino Children and Families Affected by Trauma*, Workgroup on Adapting Latino Services. 2008.
<http://www.chadwickcenter.org/Documents/WALS/Adaptation%20Guidelines%20for%20Serving%20Latino%20Children%20and%20Families%20Affected%20by%20Trauma.pdf>

Children

- *Helping Traumatized Children Learn: A Report and Policy Agenda*, Massachusetts Advocates for Children, 2005.
http://www.massadvocates.org/helping_traumatized_children_learn
- *Safety Tools for Kids*
<http://www.mass.gov/eohhs/docs/dmh/rsri/safety-tool-for-kids-sample.pdf>
- *Child Trauma Toolkit for Educators (2008)*
<http://www.nctsnet.org/resources/audiences/school-personnel/trauma-toolkit>
- *Developmental trauma disorder: Towards a rational diagnosis for children with complex trauma histories*
http://www.traumacenter.org/products/pdf_files/preprint_dev_trauma_disorder.pdf
- *Healing Invisible Wounds - Youth* http://www.justicepolicy.org/images/upload/10-07_REP_HealingInvisibleWounds_JJ-PS.pdf